

# Percutaneous Endovascular Treatment of one Pseudoaneurysm of an AVF: Description of a Clinical Case

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#### Abstract

Arteriovenous fistula's pseudoaneurysm percutaneous treatment: a case report

Pseudoaneurysm is a frequent complication of vascular accesses. The following case report highlights diagnosis and treatment of left distal artero-venous fistula pseudoaneurysm, located 3-4 cm above the anastomosis of the efferent vein. Pseudoaneurysm exerted a compressive effect on the mood with consequent blood flow reduction during hemodialysis sessions. Doppler ultrasound evaluation showed a reduction in blood flow rate calculated at the brachial artery level (2-3 cm from the elbow). Pseudoaneurysm was treated in the angiography room through percutaneous endovascular technique (PTA) and the interposition of a covered stent to exclude it. The angiography showed a pre-anastomotic stenosis of the radial artery that had not been detected by ECD; an angioplasty was performed. After the procedure, the angiographic examination of the AVF showed a complete perfusion, while Doppler ultrasound confirmed an adequate blood flow for the hemodialysis session.

## Keywords: Angiography, Angioplasty, Pseudoaneurysm

#### Introduction

Pseudoaneurysm represents a not uncommon complication in the pathology of vascular access for hemodialysis. It is formed by a cavity external to the vessel lumen, without its own wall [1-2], which, on clinical objective examination, looks like a pulsating mass. Its genesis is linked most of the time to inadequate venipuncture / tamponade of the FAV puncture site, with consequent extravasation and formation of a hematoma that sees its feeding through a continuous solution (defined collar) that maintains communication between vessel and cavity itself.

**In B-Mode ultrasound** the pseudoaneurysm appears as a cavity with anechoic content, with turbulent flow inside. At the eco-color-Doppler (ECD), a turbulent and swirling flow can be observed, with intense aliasing that increases at the collar (Figure 1). Surgery is the treatment of choice for vascular access pseudoaneurysms by hemodialysis, especially if the pseudoaneurysm becomes complicated by infection or thrombosis or if there is a possible risk of rupture [3-5]. Alternative treatments are recently emerging through the use of endovascular percutaneous techniques [6] with which covered stents are used that exclude vascular injury [7-11].

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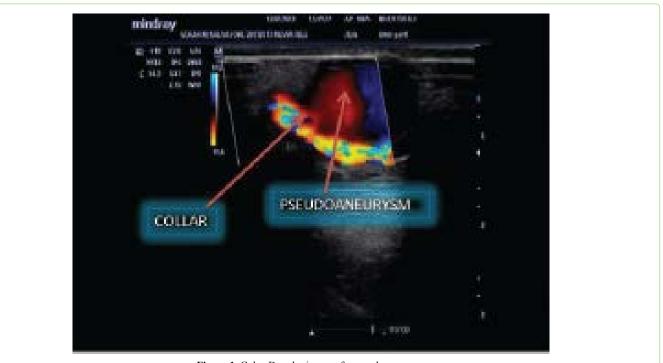


Figure 1: Color-Doppler image of a pseudoaneurysm

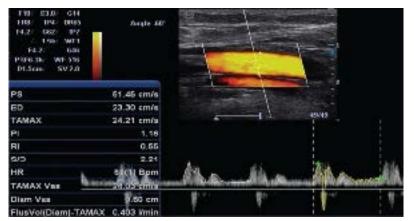


Figure 2: Brachial artery Doppler tracing with diastolic incisions with a flow rate of 403 ml / m and IR 0.55



Figure 3: Skin mapping of the Pseudoaneurysm

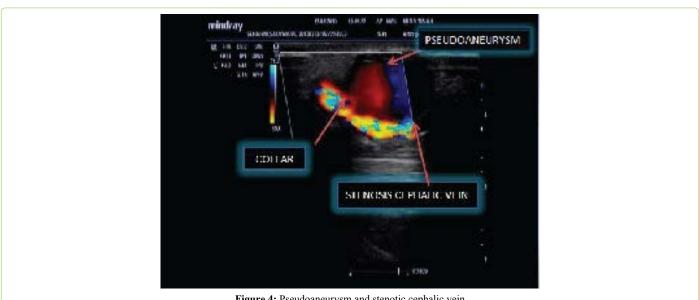
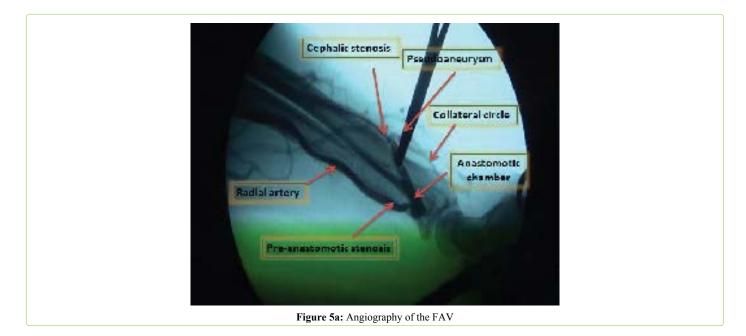
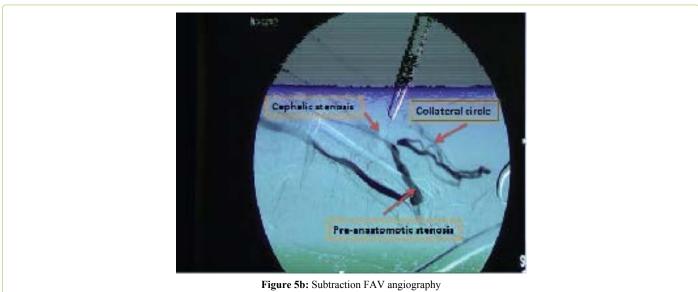


Figure 4: Pseudoaneurysm and stenotic cephalic vein





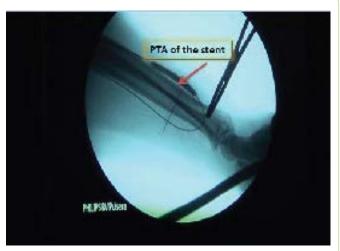
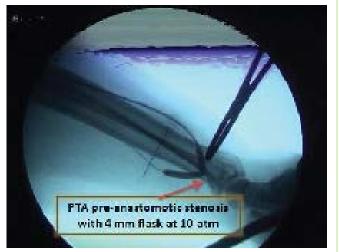


Figure 6: Intrastent angioplasty performed with a 6 mm balloon. At 15 atm



**Figure 7 A:** PTA pre-anastomotic radial artery, anastomotic chamber and first tract of the cephalic with balloon from 4 mm to 10 atm



**Figure 7B:** Final angiography showing the good channeling of the AVF; the flow is so fast that the opacification is not very evident. The collateral circles seen previously are not found.

The reported highlights case examined how endovascular percutaneous treatments with stent placement under angiographic guidance can be used to close a pseudoaneurysm formed following puncture of the fistula not adequately buffered at the efferent artery of a FAV, which determined a stenosis of the vessel and a reduction in the flow of the arteriovenous fistula assessed by the eco-colordoppler. This situation compromised the patient's dialysis effectiveness since the dialysis flows were insufficient.

## Case report

64-year-old patient, with 2nd degree obesity and BPCO, chronic uremic from likely nephroangiosclerosis, carrier of mechanical mitral valve in oral anticoagulant treatment with INR maintained between 2 and 3. In December 2012 he is subjected to packaging of a left distal FAV, which appears to be working well. After about 40 days, once the FAV has matured, regular hemodialysis treatment begins with good blood flows.

After about 2 months, there is a reduction in dialysis blood flows and also the presence of an expansion at 3-4 cm from the anastomotic chamber. This dilatation also appeared after an ineffective attempt at venipuncture. For this reason, the patient undergoes an ECD study of the AVF: the flow rate of the AVF measured by calculating the flow of the brachial artery to the elbow [12,13] is 403 mL / m '(Figure 2), a clearly lower than the 950 mL / m 'detected only 15 days before. The examination also shows a cephalic vein which, 3-4 cm from the anastomosis, appears to be compressed by a pulsating mass corresponding to the aneurysmal dilation observed objectively (Figure 3).

Then the ECD study allows to diagnose pseudoaneurysm of the cephalic vein, which exerts a compressive effect on the tract immediately downstream of the pseudoaneurysm collar, as shown in Figure 4.

## PTA and stenting in the angiography room

The case study is completed with an angiographic examination that shows a stenosis 3-4 cm from the anastomotic chamber, a stenosis determined by the pseudoaneurysm, with the presence of numerous collaterals circles whose direction of blood flow is partly towards the hand and partly towards the elbow. Not documented in the previous ECD study, there is also a pre-anastomotic radial artery stenosis (Figure 5A, B). Later, as shown in the images shown here (Figure 6 and Figure 7), we proceed to percutaneous angioplasty (PTA) of the stenosis [14] and to place a covered stent at the level of the collar of the pseudoaneurysm that causes its exclusion from the flow (Figure 8) and to an angioplasty of the radial artery in the pre-anastomotic site (Figure 7). The angiographic control, performed after the procedure, documents the disappearance of the collateral circles previously highlighted and a good channeling of the FAV (Figure 7), while the ECD after PTA highlights a low resistance spectral tracing, with a good representation of the diastolic flow.

The flow rate measured in the brachial artery is 1000 mL / m ', with an IR of 0.4 (Figure 9). The patient is placed in a follow-up that foresees a quarterly ECD check in the first year and then every 6 months and, after an initial increase to 1300 mL / m ', the brachial artery flow rate has remained stable at 1000 mL / m 'with IR always stable between 0.4 and 0.42. No phenomenon of restenosis until the patient's death from cardio-vascular complications, which occurred 2 years after the operation, with the FAV well-functioning.

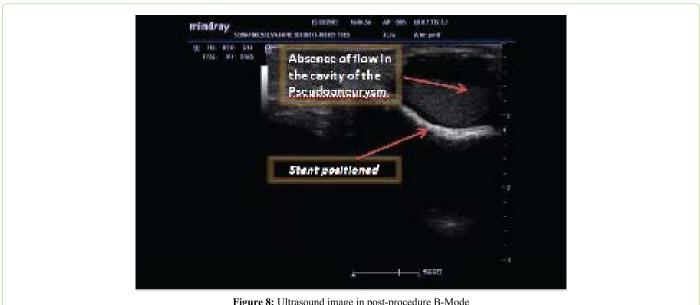
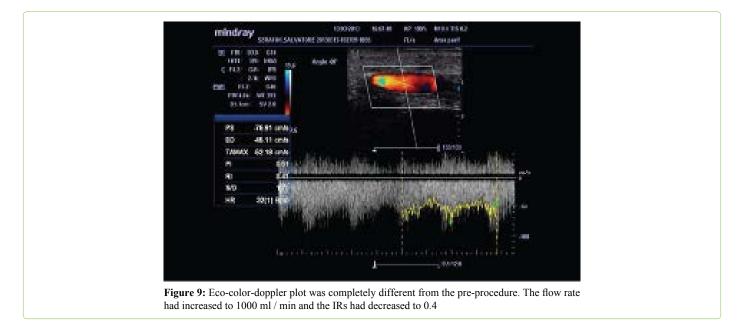


Figure 8: Ultrasound image in post-procedure B-Mode



## Discussion

The case described here suggests the following three main critical considerations:

- venipuncture was certainly the cause of the formation of the pseudoaneurvsm, but the doubt remains that the stenosis, which we initially attributed to the compression of the pseudoaneurysm, was instead an organic stenosis responsible in turn for a hypertension of the flow, with consequent formation the pseudoaneurysm, which had not been adequately investigated at the ECD due to the artifacts present and produced by the same;
- it can be seen from Figure 7 B, the stent implanted to ٠ close the collar of the pseudoaneurysm also corrected the stenosis immediately downstream of the collar;
- the ECD study, probably excessively focused on the diagnosis of pseudoaneurysm, misses an important fact: the pre-anastomotic stenosis of the radial artery.

Therefore, this clinical case confirms how often the integration between ultrasonography and angioradiology is strongly necessary in the study of the pathology of the FAV for hemodialysis. It is proven experience that surgery with traditional surgery is the first choice in the treatment of pseudoaneurysms, especially when pseudoaneurysms are complicated by infections and / or thrombosis [3,5,7]. Although, endovascular percutaneous techniques are becoming increasingly popular as valid alternative techniques, thanks to the availability of devices such as cover-stents [3,4,6,13]. These do not aim to replace classical vascular surgery, which always remains the gold standard, but play an alternative role very useful in particular selected cases, thanks to the minimally invasive nature of the intervention they require and, last but not least, to the possibility that the FAV is left to be used quickly for hemodialysis treatment.

## Disclosures

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**Conflict of Interest:** The authors have no conflict of interest.

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